

CHLAMYDIA

Most people haven't got a clue

www.couldihaveit.com.au

Dear

You have been given this letter because it is likely that you have been exposed to chlamydia, a sexually transmitted infection.

Chlamydia is very common and easily treated. Most people with chlamydia have no symptoms. It can have significant consequences for both men and women if left untreated.

It is important for you to have a sexual health check-up as soon as possible with your usual doctor or a sexual health clinic. In the meantime, do not have vaginal, anal or oral sex without using a condom.

If you would like more information about chlamydia, go to www.couldihaveit.com and click on 'Chlamydia'. Click on 'All about testing' for a list of clinics.

Please take the information below this line to your doctor.

CONFIDENTIAL

Date: ___/___/_____

Dear Doctor

A partner of your patient has had a positive test for Chlamydia trachomatis.

Guidelines recommend that contacts of confirmed cases of chlamydia should be investigated for chlamydia and other sexually transmitted infections and receive immediate treatment for chlamydia (i.e. without waiting until the results of tests are available).

Chlamydia can infect the cervix, urethra, rectum or throat depending on sexual practices.

The current recommendation for treatment of uncomplicated chlamydia is:

- Azithromycin 1g as a single dose.

If the test results come back positive, please note that chlamydia is a notifiable infection and ensure that further contact tracing is undertaken. If you would like more information about testing and clinical management of chlamydia, go to www.couldihaveit.com/professionals.asp

Retesting in three months is recommended as re-infection with chlamydia is common. Consider (re)testing for other STIs also.

For further information about the management of sexually transmissible infections, see the *Guidelines for Managing Sexually Transmitted Infections*, available at www.public.health.wa.gov.au/3/634/3/guidelines_for_.pm

Thank you.